

A 10-Step Guide to the Best Summer In Abu Dhabi

Whether you are planning a solo trip, time with your partner, or a memorable trip with family - a visit to the city leaves every guest with a sense that one summer is simply not enough to discover all Abu Dhabi has to offer.

As the summer sun strokes the sandy shores and modern marvels of Abu Dhabi, the city comes alive with an array of summer adventures just waiting to be explored. From luxury shopping escapades to wild encounters with nature, and culinary odysseys to cultural immersions - this vibrant metropolis offers a more than 101 things to do.

To make the most of your summer in the city, follow this 10-step guide for crafting an itinerary that blends the perfect mix of culture, adventure, nature, and relaxation.

Get seasonal styles & enjoy summer savings.

Abu Dhabi's retailscape is a paradise for shopaholics and fashion enthusiasts alike. Begin your shopping spree at The Avenue at Etihad Towers, where exclusive VIP rooms and a curated collection of the world's most prestigious brands await.

For a taste of authentic Emirati shopping, venture to Souk at Qaryat Al Beri, a modern interpretation of a traditional Arabian souk. Nestled within the Shangri-La Hotel complex, this air-conditioned haven sells everything from exquisite jewellery to vibrant textiles. Don't miss the opportunity to glide along the waterways aboard traditional abras - adding a touch of old-world charm to your shopping excursion.

Take a walk on the wild(life) side.

Delve into the wonders of the natural world in the coolness of The Galleria Mall. The National Geographic Ultimate Explorer invites you on a journey with interactive exhibits designed to ignite curiosity and inspire a love for science and exploration. The mall's Flamingo Collection this summer transports guests to the enchanting landscapes of Africa - offering a glimpse into the charismatic wilderness that thrives beyond the city limits.

Explore new culinary horizons.

Take a gastronomic voyage across continents and cultures and embrace Abu Dhabi's innovative dining scene. At Rosewood Abu Dhabi's La Cava you can savour the finest vintages from around the world, surrounded by a treasure trove of over 1,000 premium labels.

The journey continues at The Galleria Mall, where Coya invites you to indulge in a brunch experience, followed by an evening of eclectic beats and vibrant energy at Zuma's lounge. For another a dining experience shrouded in mystery,

Le Petit Chef at Conrad Abu Dhabi Etihad Towers is a culinary experience like no other, where the world's smallest chef delivers big flavours through cutting-edge technology and storytelling, and Fresh Basil at Bab Al Qasr offers a unique "dine in the dark" encounter to tantalise the senses.

Get totally immersed in the culture.

Uncover the tapestry of Emirati culture through its cuisine, art, and heritage. From the spices of Machboos at Golden Dallah Restaurant to the traditional flavours of Al Fanar in Yas Mall, every dish tells a story of tradition and taste. Delve deeper into the nation's history at Qasr Al Watan - a Presidential Palace that offers a glimpse into the opulent world of Emirati royalty.

Catch an exhibition at Al Hosn, Cultural Foundation featuring "Hussein Sharif: Re-framing Reality" - which celebrates the artistic journey of Hussein Sharif, a pioneering artist from the UAE, or have a traditional Emirati breakfast at the Abrahamic Family House.

Relax and reconnect with yourself.

Amidst the excitement of summer, find moments of tranquillity and rejuvenation. Embrace self-discovery through mindfulness and movement surrounded by nature at St. Regis Saadiyat's Breath Wellness Studio. Indulge in an afternoon at Emirates Palace Mandarin Oriental's spa with a 24-carat gold facial, immerse yourself in the rituals of Anantara Eastern Mangroves Hotel's Maitha Hammam Spa or simply take in the tranquil oasis of Al Wathba's Saray Spa - where ancient healing traditions meet modern luxury.

Get your heart pumping.

Embark on a journey of speed and excitement at Yas Island's adrenaline-fueled attractions. Feel the rush of velocity at Ferrari World Abu Dhabi as you ride the Formula Rossa, the world's fastest roller coaster. Dive into the world of characters and superheroes at Warner Bros. World Abu Dhabi, where six themed lands promise thrills and entertainment for fans of all ages. For a refreshing escape, head to Yas Waterworld Abu Dhabi, where over 40 Emirati-inspired rides and slides await.

Ride the world's largest surfable wave at Surf Abu Dhabi and get high-speed thrills at Al Ain Adventure where you can raft, zipline, or surf while taking in the breathtaking views of Jebil Hafeet. Kids can get lost in a world of virtual reality at Dalma Mall's Zeal Entertainment Zone, with racing simulators, and interactive experiences that ignite the imagination and awaken the senses. The Galleria Mall's Xtreme Zone also tests their limits with trampoline parks, climbing walls, and arcade games, ensuring non-stop fun for the whole family.

Get lost in a world of art.

The Louvre Abu Dhabi is a beacon of art and culture in the Middle East and serves as a bridge between civilizations and time. This iconic museum features a diverse collection of artworks from around the world, ranging from ancient artifacts to contemporary masterpieces.

Warehouse 421 serves as a vibrant hub for creativity and experimentation, nurturing the next generation of artists and cultural innovators through its dynamic exhibitions and events, whilst Art Central at Boutik Mall provides a platform for aspiring artists to hone their craft through a range of courses and programmes led by qualified instructors.

Take in the city from new heights.

Experience Abu Dhabi from a different perspective as you ascend to the top of the Capital Gate Tower, the world's furthest leaning man-made structure. Indulge in afternoon tea at Conrad Abu Dhabi Etihad

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Towers observation deck, where sweet and savoury treats are served against a backdrop of breathtaking vistas.

For the ultimate aerial adventure, soar above the city on a helicopter tour with Abu Dhabi Skies, taking in the sights from a bird's-eye view and creating memories that will last a lifetime.

Do sunny beach days...

Escape the heat and embrace the coastal bliss of Saadiyat Island, where pristine shores and azure waters beckon sunseekers and beach lovers alike. Dive into the crystal-clear waters for a refreshing swim or relax on the soft white sands of Saadiyat Beach Club, where luxurious amenities and private cabanas await.

...And starry desert nights.

As the sun sets, Abu Dhabi's nightlife comes alive with a kaleidoscope of options. Catch a concert at Etihad Arena, where international acts and local talents provide the perfect soundtrack for your Abu Dhabi adventure.

Dance the night away at White Yas Island, one of the region's most famous clubs, where world-class DJs and electrifying performances set the stage for unforgettable nights of revelry. For a more relaxed vibe, head to Yas Bay Café del Mar, where sunsets and fire shows create an ambiance of romance and intrigue.

Summer in Abu Dhabi is a blank canvas just waiting to be filled with stories of more than 101 adventures, Find out more about the ultimate summer in the city here: xxx

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